



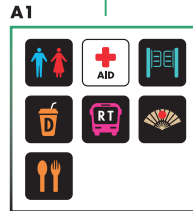
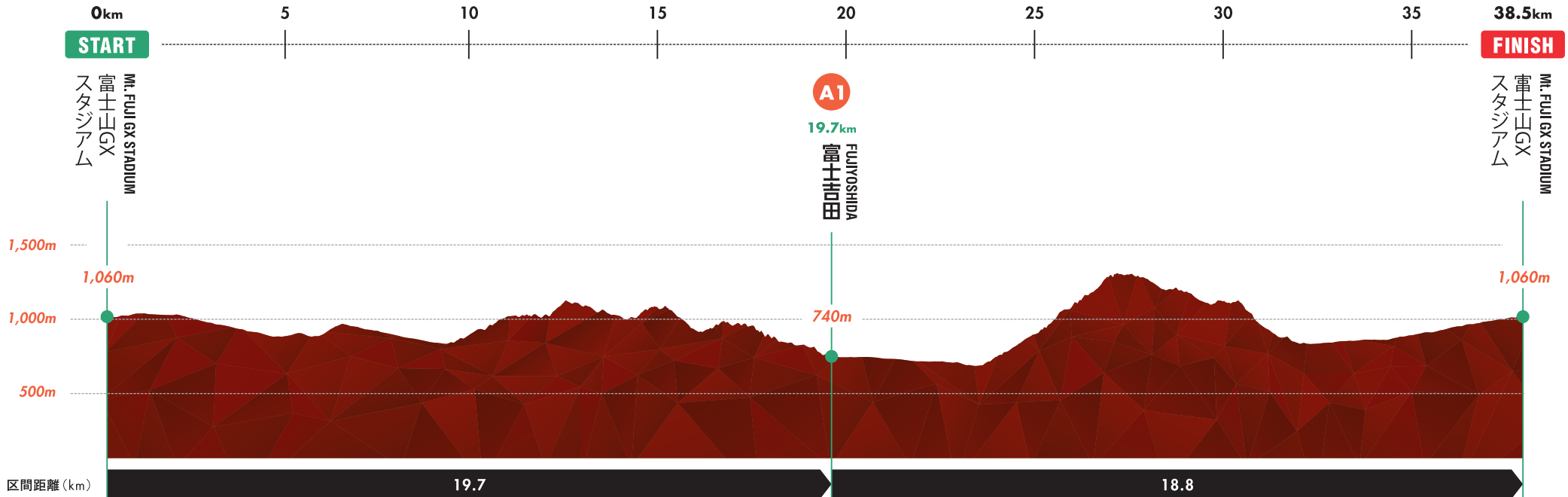
# ASUMI 40k

COURSE PROFILE コース全体高低差概要  
2026.April.25 SAT

DISTANCE  
距離:約38.5km

CUT OFF TIME  
制限時間:09h30m

CUMULATIVE ALTITUDE GAIN  
累積標高:1,481m D+



TARGET TIME		A1	F
CUT OFF TIME			
閉門時刻 IN	-	26th (sun) 16:00	26th (sun) 21:30
閉門時刻 OUT	-	26th (sun) 16:10	-
TOP RUNNER	-	26th (sun) 13:25	26th (sat) 14:55
45hours finisher	-	26th (sun) 16:00	26th (sun) 21:30



W.C  
トイレ



DRINK  
飲み物



FOOD  
食べ物



FIRST AID  
救護



BUS  
リタイア



CUT OFF  
関門



LOCAL FOOD  
おもてなし食



Mt. FUJI 100

SHORT SERIES by



WORLDTRAILMAJORS

\*閉門時刻は完走の目安時刻ではありません。\*速い選手、遅い選手の時間目安には休憩時間は含まれていません。  
\*The cut-off time is not an estimated time for completing the race.  
\*Rest time is not included in the estimated time for fast or slow runners.