

No.115 October 1 ,2025



## **Correction:Mt.FUJI100 2026 Announcement of the Outline**

On Wednesday, October 1, 2025, we will announce the outline of the race to be held in 2026.

The outline will be posted on the official website, and a live announcement will also be made on the official YouTube channel on the same day.

### **【Mt.FUJI100 2026 Outline Announcement YouTube LIVE】**

**Schedule** 20:00-21:00 Wednesday, October 1, 2025 (JST)

**Channel Name** Mt. FUJI 100

[https://www.youtube.com/live/oV30LLP\\_Boo?si=3gA4xL6DpII0EjZV](https://www.youtube.com/live/oV30LLP_Boo?si=3gA4xL6DpII0EjZV)

#### **<Key Point>**

- FUJI100mi and ASUMI40k are part of the World Trail Majors. Prize money awarded to top 5 male and female finishers.
- FUJI100mi updates: reduced participants (-400), course modifications, revised drop bag stations.
- ASUMI40k becomes more accessible: more participants, extended time limit, revised essential items.
- New race: 'SAKUYA12k', conducted in accordance with mountain race rules. A new U20 category (6km) has also been introduced.



**Convention Name**

Mt.FUJI100 2026 (The 14th)

**ORGANIZER**

Mt. FUJI100 Race Committee

<Member organizations>

- Fuji-Hakone-Izu Trail Support, general incorporated association
- Mt.FUJI100 Joint Venture (R-bies Sports Foundation, Regionport LLC, and Sotoe Co., Ltd.)

**COSPONSORED**

Fuji City, Fujinomiya City, Minobu Town, Narusawa Village, Fujikawaguchiko Town, Fujiyoshida City, Oshino Village, Yamanakako Village, Gotemba City, and Susono City

**Environmental Partners**

NPO Fuji Trail Runners Club

**SPECIAL SPONSOR**

GOLDWIN Inc (THE NORTH FACE)

**DATES**

Friday, April 24, 2026 – Saturday, April 26, 2026 (3 days)

**Category**

1) FUJI100mi

Distance : Approximately 167.0km      cumulative altitude gain : +6,613m

Start : Fujisan Kodomo-no-Kuni, Fuji-shi, Shizuoka Prefecture

Finish : Fuji Hokuoku Park, Fujiyoshida-shi, Yamanashi Prefecture

Race start time :

WAVE1 500 racers, 17:00, Friday, April 24 (cutoff time: 45 hours and 30 minutes)

WAVE2 500 racers, 17:15, Friday, April 24 (cutoff time: 45 hours and 15 minutes)

WAVE3 500 racers, 17:30, Friday, April 24 (cutoff time: 45 hours and 00 minutes)

WAVE4 500 racers, 17:45, Friday, April 24 (cutoff time: 44 hours and 45 minutes)

Final cutoff time : 14:30, Sunday, April 26

Number of racers : 2,000 (including racers registered through priority registration, general registration, and donation-based registration)

Private Supporters : 500 (including racers registered through priority registration, general registration, and donation-based registration)



## 2) KAI70k

Distance : Approximately 70.2km      cumulative altitude gain : +3,052m

Start : Fuji Hokuroku Park, Fujiyoshida-shi, Yamanashi Prefecture

Finish : Fuji Hokuroku Park, Fujiyoshida-shi, Yamanashi Prefecture

Race start time : 14:00, Saturday, April 25

Final cutoff time : 11:00, Sunday, April 26 (cutoff time: 21 hours)

Number of racers : 1,000 (including racers registered through general registration, donation-based registration)

## 3) ASUMI40k

Distance : Approximately 38.5km      cumulative altitude gain : +1,481m

Start : Fuji Hokuroku Park, Fujiyoshida-shi, Yamanashi Prefecture

Finish : Fuji Hokuroku Park, Fujiyoshida-shi, Yamanashi Prefecture

Race start time : 12:00, Saturday, April 25

Final cutoff time : 21:30, Saturday, April 25 (cutoff time: 9 hours 30 minute)

Number of racers : 1,000 (including racers registered through general registration, donation-based registration)

## RACER QUALIFICATIONS

- Any male or female 18 years of age or older as of the race day who can complete the race within the time limit and without getting lost.

- Racers must have successfully completed races that are registered with the International Trail Running Association (ITRA) and have earned points described below. The races must have been completed within the last two years (from November 1, 2023) up until the day before the start date of the race registration for the general category (October 31, 2025).

However, at least one of these races must have been completed within one year (from November 1, 2024) up until the day before the registration start date (October 31, 2025).

- **FUJI100mi : Completion of one race worth 4 or more ITRA points, or two races worth 3 ITRA points each**
- **KAI70k : Completion of one race worth 2 or more ITRA points**
- **ASUMI40k : Completion of one race worth 1 or more ITRA points**

## Eligibility for donation-based entry

Those who are willing to make the above donation to the Fuji-Hakone-Izu Trail Support, general incorporated association to be used for environmental activities and meet the eligibility requirements for this race.

## **Elite Athlete Participation Qualification (all three events)**

Those who meet the following criteria at the time of entry will be given priority entry rights as elite athletes.

- FUJI100mi

Free invitation: ITRA PI (100k or 100M) Men's 850 or above, Women's 715 or above

Paid invitation: ITRA PI (100k or 100M) Men's 800 or above, Women's 650 or above

- KAI70k

Free invitation: ITRA PI (50k or 50M) Men's 865 or more, Women's 740 or more

Paid invitation: ITRA PI (50k or 50M) Men's 830 or more, Women's 660 or more

- ASUMI40k

Free invitation slots: ITRA PI (half marathon or marathon or 50k) Men 870 or above, Women 735 or above

Paid invitation slots: ITRA PI (half marathon or marathon or 50k) Men 820 or above, Women 650 or above

## **Pregnancy Postponement Policy**

To support female athletes, if pregnancy is confirmed between the time of entry and the race, the entry fee will be fully refunded and the runner's eligibility to participate will be maintained for two years. Female athletes who wish to return to competition after childbirth or childcare will be recognized as eligible to participate based on their performance before pregnancy (within three years of returning).

We will consider what kind of support we can provide to athletes who are breastfeeding before, during, and after the race.

## **ENTRY PERIOD / ANNOUNCEMENT OF LOTTERY RESULTS**

- Priority entry (Eligibility: Top 100 finishers of the FUJI100mi 2025)

Entry period : From 12:00, Monday, October 20, 2025 to 23:59, Sunday, November 16, 2025 (JST)

Deposit period : From Monday, October 20, 2025 to 23:59, Sunday, November 16, 2025 (JST)

- Regular entry (lottery system) / Donation-based entry (first-come-first-served basis)

Entry period : From 12:00, Saturday, November 1, 2025 to 11:59, Sunday, November 16, 2025 (JST)

Announcement of lottery results : Tuesday, December 12, 2025

Deposit period : Tuesday, December 2, 2025 to 23:59, Tuesday, December 16, 2025

・ Private Supporter (lottery system) \* Only FUJI100mi

Entry period : Tuesday, January 6, 2026 to Tuesday , January 13, 2026

Announcement of lottery results : Monday, January 19, 2026

Deposit period : Monday, January 19, 2026 to Sunday , January 25, 2026

## **ENTRY FEES (tax included)**

### 1) FUJI100mi

Priority entry 50,000 JPY

Regular entry 50,000 JPY

Donation-based entry 105,000 JPY(Including 55,000 JPY as donation and 50,000 JPY as entry fee)

Private Suppoter 3,500JPY

### 2) KAI70k

Regular entry 30,000 JPY

Donation-based entry 81,000 JPY(Including 51,000 JPY as donation and 30,000 JPY as entry fee)

### 3) ASUMI40k

Regular entry 22,000 JPY

Donation-based entry 60,000 JPY(Including 38,000 JPY as donation and 22,000 JPY as entry fee)

## **<CAUTIONS>**

Please note that the donation is not tax deductible.

Those who use the donation-based entry are not required to pay the additional payment processing fee.

## **RACE SCHEDULE**

### 1) FUJI100mi

Friday, April 24, 2026

08:00 – 14:00 Race check-in (Fuji Hokuroku Park)

08:00 – 14:00 Luggage and Drop Bag drop off (Fuji Hokuroku Park)

14:30 – 16:30 Luggage and Drop Bag drop off (Fujisan Kodomo-no-Kuni/ requires a fee (1,650 yen) and advance reservations are required)

16:30 Opening Ceremony (Fujisan Kodomo-no-Kuni)

17:00 – 17:45 Start of Wave (Fujisan Kodomo-no-Kuni)

Sanday, April 26, 2026

14:00 – 15:00 Awards Ceremony (Fuji Hokuroku Park)

14:30 Final cut-off time of the race (Fuji Hokuroku Park)



15:30 Closing time for the luggage and Drop Bag service (Fuji Hokuroku Park)

## 2) KAI70k

Friday, April 24, 2026

08:00 – 18:00 Race check-in (Fuji Hokuroku Park)

Saturday, April 25, 2026

08:00 – 12:30 Race check-in and Luggage check-in (Fuji Hokuroku Park)

13:30 Opening Ceremony

14:00 race start

Sunday, April 26, 2026

11:00 Final cut-off time of the race

12:00 – 13:00 Awards Ceremony

15:30 Closing time for the luggage and Drop Bag service (Fuji Hokuroku Park)

## 3) ASUMI40k

Friday, April 24, 2026

08:00 – 18:00 Race check-in (Fuji Hokuroku Park)

Saturday, April 25, 2026

08:00 – 11:00 Race check-in and Luggage check-in (Fuji Hokuroku Park)

11:30 Opening Ceremony

12:00 race start

18:00 – 19:00 Awards Ceremony

21:30 Final cut-off time of the race

Sunday, April 26, 2026

15:30 Closing time for the luggage and Drop Bag service (Fuji Hokuroku Park)

### **Top finisher awards (FUJI100mi、KAI70k)**

1) Men's Overall: 1st to 10th finishers, Women's Overall: 1st to 10th finishers

The World Trail Major affiliated races FUJI100mi and ASUMI40k award prize money to the top five finishers in both the men's and women's categories.

(Prizes: 1st ¥300,000, 2nd ¥200,000, 3rd ¥150,000, 4th ¥100,000, 5th ¥80,000.)

2) Veterans Award (age 40 to 49, Men's and Women's 1st to 3rd finishers)\*

3) Master Award (age 50-59, Men's and Women's 1st to 3rd finishers)\*

4) Legend Award (age 60 and up, Men's and Women's 1st to 3rd finishers)\*

\*Racers who won awards in the Men's Overall and Women's Overall categories will be excluded from the age-group awards.

5) New Hero Award (Finishers of FUJI100mi and KAI70k who are aged 29 years or younger and exhibited outstanding performance)



## Course

1) FUJI100mi Course (As of September 30, 2025)

Distance : Approximately 167.0km cumulative altitude gain : +6,613m



**Start:** Fujisan Kodomo-no-Kuni(Fuji-shi, Shizuoka Prefecture)

**F1 : 25.8km** Fujinomiya(GENSHIJIN CAMP SITE, Fujinomiya-shi,Shizuoka Prefecture)

**F2 : 52.4km** Fumoto \* Private Support  
(Asagiri Green Park,Fujinomiya-shi,Shizuoka Prefecture)

**F3 : 73.9km** Fujikawaguchiko-cho-Shojiko \* Private Support  
(Shojielementary school, Fujikawaguchiko-cho,Yamanashi Prefecture)

**F4 : 96.8km** Fuji-Q Highland  
(Fuji-Q Highland,Fujiyoshida-shi,Yamanashi Prefecture)

**F5 : 113.1km** Oshino \* Drop Bag /Private Support  
(Oshino Village Sports Hall,Oshino-mura,Yamanashi Prefecture)

**F6 : 122.5km** Yamanakako-Kirara \* Private Support  
(Yamanaka-ko Kirara,Yamanakako-mura, Yamanashi)

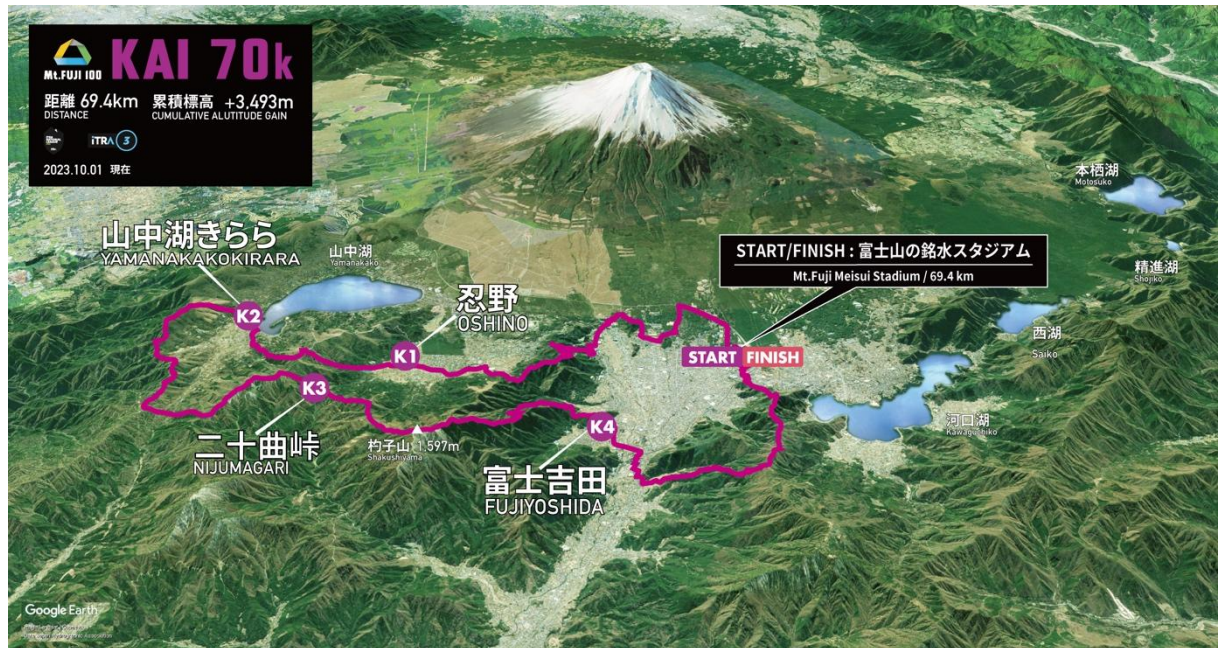
**F7 : 137.3km** Nijyumagari (Nijyumagari-Pass,Oshino-mura,Yamanashi)

**F8 : 149.1km** Fujiyoshida (Asumi-ko Park,Fujiyoshida-shi,Yamanashi)

**Finish:167.0km** Fujisan-no-Meisui-stadium  
(Fuji Hokuroku Park,Fujiyoshida-shi,Yamanashi Prefecture)

## 2) KAI70k Course (As of September 30, 2025)

Distance : Approximately 70.2km      cumulative altitude gain : +3,054m



### Start : Fujisan-no-Meisui-stadium

(Fuji Hokuroku Park, Fujiyoshida-shi, Yamanashi Prefecture)

**K1 : 15.7km Oshino** (Oshino Village Sports Hall, Oshino-mura, Yamanashi Prefecture)

**K2 : 25.2km Yamanakako-Kirara** (Yamanaka-ko Kirara, Yamanakako-mura, Yamanashi)

**K3 : 39.8km Nijyumagari** (Nijyumagari-Pass, Oshino-mura, Yamanashi)

**K4 : 51.6km Fujiyoshida** (Asumi-ko Park, Fujiyoshida-shi, Yamanashi)

**Finish : 70.2km Fujisan-no-Meisui-stadium**

(Fuji Hokuroku Park, Fujiyoshida-shi, Yamanashi Prefecture)



### 3) ASUMI40k Course (As of September 30, 2025)

Distance : Approximately 38.5km      cumulative altitude gain : +1,481m



#### **Start : Fujisan-no-Meisui-stadium**

(Fuji Hokuroku Park, Fujiyoshida-shi, Yamanashi Prefecture)

#### **A1 : 19.7km Fujiyoshida** (Asumi-ko Park, Fujiyoshida-shi, Yamanashi)

#### **Finish : 38.5km Fujisan-no-Meisui-stadium**

(Fuji Hokuroku Park, Fujiyoshida-shi, Yamanashi Prefecture)

## Equipment

Your total equipment must exceed 2kg at the start and when you leave any aid station, and must not be less than 1kg anywhere along the course.

Competitive items may be checked during the race. If any of the compulsory items are missing, you may be disqualified immediately.

The racer is responsible for determining the level of warmth, waterproofness, etc. of the required clothing. The organizer will consider the clothing selected and submitted by the racer to be the required clothing for that racer.

Not only should you have all the equipment, but you should also know how to use it.

Check below (✓)are required items.

## Must-have items (things you must carry with you)

Item		Mt.FUJI100/ KAI70k	ASUMI40k	SAKUYA12k
		19	12	2
1. GPX course data	Downloaded onto a smartphone or other device and must be viewable.	✓	✓	
2. Registered mobile phone	Phone number provided at entry. Must save the race HQ number (printed on bib), keep caller ID enabled, fully charged, and able to receive emergency email alerts.	✓	✓	✓
3. Portable cup (150ml+)	No paper cups will be provided at aid stations.	✓	✓	
4. Water	At least 1L at the start and when leaving each aid station.	✓	✓	
5. Food	Nutrition sufficient for the course.	✓	✓	
6. Lighting equipment	≥80 lumens, ≥4h Spare batteries (or battery pack) also required.	✓ × 2	✓ × 1	
7. Flashing light (red/orange)	Attach to backpack for visibility to vehicles at night.	✓		
8. Survival blanket	Minimum 130×200cm. Emergency bivvy recommended.	✓	✓	
9. Whistle	For emergency use.	✓		
10. Strong tape	For first aid (sprains, fractures) or gear repair.	✓		
11. Portable toilet	Used ones must be exchanged for a new one at the next aid station.	✓		
12. Rain gear	Hooded waterproof jacket and pants, waterproof/breathable, seam-sealed.	✓	✓ jacket only	
13. Warm long-sleeve shirt	Insulating mid-layer (fleece, wool, light down). Thin base layers and cotton not allowed.	✓	✓	
14. Warm pants/tights	Must cover ankles, or tights + high socks. Cotton not allowed. Cannot double-use rain pants.	✓		
15. Gloves & hat	Gloves covering fingertips and hat covering ears (wool/polyester).	✓		
16. First aid kit	Bandages, antiseptic, etc.	✓	✓	
17. Bib number & IC chip	Provided by the organizer. Must be carried.	✓	✓	✓
18. Backpack	Must carry all mandatory and recommended items.	✓	✓	
19. Mobile battery	Able to recharge your smartphone.	✓		

## Recommended items to carry



The list of essential items is not sufficient for all runners to run this race. The necessary equipment will vary depending on each runner's skill and physical ability, as well as the weather on the day. Identify the equipment you need and bring additional items with you. Also, try wearing the gear beforehand and experience running in high mountains in sub-zero temperatures or for long periods in heavy rain to see if it really protects your body. Below is a list of items we particularly recommend bringing with you.

### Particularly recommended items to carry

**Trail running shoes/compass/Bear bell (\*1)/Change of clothes/cash/  
GPS tracker (IBUKIGPS) (\*2)**

\*1 Bear bells are a very annoying noise for local residents, day or night. In residential areas, bear bells are prohibited and signs stating "No Bear Bells" will be posted, so please refrain from ringing them.

\*2 This is a GPS tracker that allows you to check the current location of runners in near real time. It can be viewed by anyone during the race. Optional rentals will be available at the event, and those who apply will be given the device at a special booth at the event registration venue.

Simply turning it on and wearing it will allow supporters to transmit their location information. If supporters are using "IBUKI" while waiting for runners, they can move and prepare with ease, and enjoy themselves while they wait. It can also be used to inform family and friends who were unable to be there to cheer on the runners of their current location.

### Event

#### 1) Mt.FUJI100 EXPO

One of the largest trail-running exhibitions in Japan where all the race sponsors and exhibitors gather.

<Event period> 8:00-18:00, Friday, April 24, 2026  
8:00-18:00, Saturday, April 25, 2026  
8:00-14:00, Sunday, April 26, 2026

<Venue> Fuji Hokuroku Park Fujisan-no-Meisui stadium

#### 2) SAKUYA12k

Date: Saturday, 25 April 2026. Registration opens at 8:00 am.

Application Period: To be confirmed

Venue: Fuji Hokuroku Park, Fujisan-no-Meisui Stadium

Events: 6km (U20: Junior High School students and above, under 20 years old)



12km (Junior High School students and above)

Participation Prize: To be confirmed

Organised and run by: Mt.FUJI100 Executive Committee

### **3) Mt.FUJI100 Mini**

Mini Race for ages 3 and up at Fuji Hokuroku Park during the Mt.FUJI100 period.

Date: Sunday, 26 April 2026 Registration opens at 8:00 am.

Application period: November 2025 to Sunday, 12 April 2026, 23:59.

Venue: Fuji Hokuroku Park, Fujisan-no-Meisui Stadium

Distance: 3km

Participants: Children aged 3 (accompanied by a guardian) to adults

Participation Prize: To be confirmed

Organiser: Mt.FUJI100 Executive Committee

Operator: Trail Runners

### **4) Virtual Mt.FUJI100 2025**

A virtual event in which participants use the race-synched training app, TATTA, to complete running the distance of the event they enter within a designated period of time.

Category : Virtual FUJI100mi、Virtual KAI70K、Virtual ASUMI40k

Race Day : 【Virtual FUJI100mi】 Saturday 4 October 2025 – Monday 14 October 2025 10days

【Virtual KAI70k】 Thursday 16 October 2025 – Monday 20 October 2025 6days

【Virtual ASUMI40k】 Tuesday 21 October 2025 – Sunday 26 October 2025 6days

Rule: Using the race-synched training app, TATTA, run the total distance of the event you entered.

Finisher's Award: In-app completion certificate, physical finisher's patch

Entry: RUNNET (registration period) 22 August to 10 days prior to each event date

Participation Fee: ¥3,000 (tax included)

Other: Virtual FUJI/KAI/ASUMI original T-shirt (available for purchase by request: +¥3,000 including tax)

\*Not eligible for 2026 Mt. FUJI100 qualification points



### **Contact information**

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YouTube: <https://www.youtube.com/channel/UCYTG7HNLx89OeaOsknc6mTg/featured>

\*Back numbers of the past press releases: <https://mtfuji100.com/press/>

