

No.100 April 27 ,2024

Andreu Simon and Yuri Yoshizumi Win KAI70k at Mt. FUJI100



In the ongoing Mt. FUJI 100, an international trail running event, **Andreu Simon Aymerich** (Spain) and **Yuri Yoshizumi** (Japan) have emerged victorious in the men's and women's categories respectively in the "KAI70k", which covers a distance of 69.4km with a cumulative elevation gain of 3,493m.

The "KAI70k" starts and finishes at Fujisan-no-Meisui Stadium in Fuji Hokuroku Park (Fujiyoshida, Yamanashi), commencing at midnight on Friday, April 26th. The time limit for the race is 21 hours.

The men's race began with Andreu Simon, **Goshi Osada** (Japan), and **Xingjing Li** (China) taking the lead. Although Andreu Simon fell behind for a while, he regained the lead as the course entered the technical mountain sections in the latter half. He continued to widen the gap with following runners and finished at the Fujisan-no-Meisui Stadium in 7 hours, 7 minutes, and 34 seconds. The intense battle for second place continued until the end, with Xingjing Li securing the position and Osada finishing third.



In the women's race, **Stephanie Howe** (USA) led the first half, followed by local resident Yuri Yoshizumi. As the course entered the mountain section from Yamanakako Kirara (K2, 25.3km), Yoshizumi took the lead and continued to extend her advantage. She ultimately claimed victory in 8 hours, 7 minutes, and 44 seconds. **Emi Iwai** (Japan) finished second in 8 hours, 26 minutes, and 14 seconds, while **Honoka Akiyama** (Japan) secured third place in 8 hours, 35 minutes, and 32 seconds.

Men's winner **Andreu Simon** was diagnosed with type 1 diabetes and advised by his doctor to find something to devote himself to in life, which led him to start trail running. *"Running around Mt. Fuji with fellow runners during the night was an enjoyable experience. I want to come back to my beloved Japan to run the 100-mile race next time"*, he said.

Men's second-place finisher **Goshi Osada** commented, *"I tried to keep up when Andreu suddenly increased his pace from Yamanakako Kirara, but I didn't have enough strength. It was a tense race and a good experience."*

Women's winner **Yuri Yoshizumi** moved to Fujiyoshida six years ago in search of a better environment for trail running. *"Even on familiar trails, running at night brings new discoveries and an extraordinary experience. The cheers from people along the course gave me strength"*, she reflected on the race.

The "FUJI100mi", going concurrently with the "KAI70K," will reach its final cut-off time at 9:00 PM on Saturday, April 27th.

KAI70k Result (https://leaderboard.runnet.jp/?tri=02524_20240426_01)

(Men)

- 1 Andreu Simon Aymerich (ESP) 7:07:34
- 2 Goshi Osada (JPN) 07:29:09
- 3 Xingjing Li (CHN) 07:31:02
- 4 Hajime Kasagi (JPN) 07:34:10
- 5 Yusuke Nakasai (JPN) 08:11:18
- 6 Tomohiro Machida (JPN) 08:18:50
- 7 Gosuke Koguchi (JPN) 08:21:18
- 8 Koji Morimoto (JPN) 08:21:57
- 9 Hayato Kimura (JPN) 08:22:11
- 10 Yoshito Yamatani (JPN) 08:24:48



(Women)

- 1 Yuri Yoshizumi (JPN) 08:07:44
- 2 Emi Iwai (JPN) 08:26:14
- 3 Honoka Akiyama (JPN) 08:35:32
- 4 Sakie Ogawa 08:46:46 (JPN) 00:39:02
- 5 Stephanie Marie Howe (USA) 08:48:09
- 6 Reika Itabashi (JPN) 09:10:12
- 7 Erika Fukuda (JPN) 09:14:04
- 8 Natsumi Yamauchi (JPN) 09:18:05
- 9 Naho Kotani (JPN) 09:25:38
- 10 Natsuki Tomii (JPN) 09:53:57

Mt.FUJI100 2024 Event Outline

■ **DATES** Friday, April 26, 2024 – Saturday, April 27, 2024 (2 days)

■ **Race category**

① **FUJI100mi**

- Distance: Approximately 166.6km
- Cumulative altitude gain: +7,039m / -7,614m
- Start: Fujisan Kodomo-no-Kuni, Fuji City, Shizuoka Prefecture
- Finish: FUJISAN NO MEISUI Stadium of Fuji Hokuroku Park, Fujiyoshida City, Yamanashi Prefecture
- Race start time:
 - WAVE1 600 racers, 0:00, Friday, April 26 (*cutoff time: 45 hours)
 - WAVE2 600 racers, 0:10, Friday, April 26 (*cutoff time: 44 hours and 50 minutes)
 - WAVE3 600 racers, 0:20, Friday, April 26 (*cutoff time: 44 hours and 40 minutes)
 - WAVE4 600 racers, 0:30, Friday, April 26 (*cutoff time: 44 hours and 30 minutes)
- Final cutoff time: 21:00, Saturday, April 27(*cutoff time: 44 hours and 30 minutes)
- Number of racers: 2,400 (including racers registered through priority registration, general registration, and donation-based registration)

② **KAI70k**

- Distance: Approximately 69.4km
- Cumulative altitude gain: +3,493m / -3,670m
- Start / Finish: FUJISAN NO MEISUI Stadium of Fuji Hokuroku Park, Fujiyoshida City, Yamanashi Prefecture
- Race start time: 0:00, Saturday, April 27 (*cutoff time: 21 hours)
- Final cutoff time: 21:00, Saturday, April 27
- Number of racers: 800(including racers registered through general registration and donation-based registration)

■ **Organizer:** Mt.FUJI100 Race Committee

<Member organizations>

General Incorporated Association Fuji Hakone Izu Trail Support
Mt.FUJI100 Joint Venture (Sotoe Co., Regionport LLC,Ltd., R-bies Co.,Ltd)

■ **Cosponsored:** Fuji City, Fujinomiya City, Minobu Town, Narusawa Village, Fujikawaguchiko Town, Fujiyoshida City, Oshino Village, Yamanakako Village, Gotemba City, and Susono City

■ **Supervisor:** Mt.FUJI100 Joint Venture (Sotoe Co., Regionport LLC,Ltd., R-bies Co.,Ltd)

■ **Environmet Support:** NPO Fuji Trail Runners Club

■ **Special Partner:** THE NORTH FACE, GOLDWIN, W. L. Gore & Associates, Fuji-Q Highland

■ **Support:** Japan Sports Sgency, Japan Tourism Agency, Yamanashi prefecture, Doshi village, East Shizuoka Association for the Promotion of/thru Sports, Yamanashi Nichinichi Shimbun, Yamanashi Broadcasting System, Television Yamanashi, FM Fuji, the Shizuoka Shimbun, Shizuoka Broadcasting System, Shizuoka Telecasting, Shizuoka Asahi Television, Shizuoka Daiichi Television, and K-mix

■ **Honorary Race Committee:** Race Committee Members10 Municipal Heads

■ **Race President:** TSUYOSHI KABURAKI (General Incorporated Association Fuji Hakone Izu Trail Support Representative Director, Professional trail runner)

■ **Vice President of the race:** KOICHIRO HORIUCHI (President, Fuji Kyuko Co., Ltd.)

■ **Race Producer:** RICKA FUKUDA (Medical doctor and musician, resident of Fujikawaguchiko Town)

■ **Co-representative:**

TATSUO CHIBA (Representative Director, Sotoe Co., Ltd.)
YOSHIHIRO TAJIKA (Representative, Region Port, LLC.)
YU KUROSAKI (Representative Director, R-bies Co., Ltd.)

■ **Advisor**

SHIN MURAKOSHI (Professor, Faculty of Education, Shizuoka University)
MASUMI NAKAO (Representative Director of NPO Discover Rias)
TSUTOMU MIURA (Vice Chair and Head of Secretariat of NPO Fuji Trail Runners Club)



Mt.FUJI100 2024 Press Schedule

A press conference to introduce promising runners will be held from 11:30 a.m. on Thursday, April 25, the day before the race, followed by a press briefing at 1:30 p.m.

Also, the awards ceremony will be held on from 5:00 p.m. on Saturday, April 27.

■ Wednesday, April 24th

13:00-	Opening of press center	*1 Fuji Hokuroku Park Press center
13:00-17:00	Start press registration	*1 Fuji Hokuroku Park Press center
13:00-20:00	Mt.FUJI100 EXPO	*2 Fuji Hokuroku Park Stadium

■ Thursday, April 25th

09:00-10:30	Press registration	*1 Fuji Hokuroku Park Press center
09:00-20:00	Mt.FUJI100 EXPO	*2 Fuji Hokuroku Park Stadium
11:30-12:30	Press conference (Japanese / English)	*3 Fuji Hokuroku Park Special stage
13:30-14:30	Press briefing (Japanese / English)	*1 Fuji Hokuroku Park Press center
13:30-15:00	Press registration	*1 Fuji Hokuroku Park Press center
22:00-23:30	Press registration at the start venue	Fujisan Kodomo-no-Kuni
23:30	FUJI Opening Ceremony (Japanese / English)	Fujisan Kodomo-no-Kuni

■ Friday, April 26th

00:00-00:30	FUJI wave start	Fujisan Kodomo-no-Kuni
13:00-20:00	Mt.FUJI100 EXPO	*2 Fuji Hokuroku Park Stadium
19:10	First runner of the FUJI finishes (expected time)	*2 Fuji Hokuroku Park Stadium
21:52	First female runner of the FUJI finishes (expected time)	*2 Fuji Hokuroku Park Stadium
23:30	KAI Opening Ceremony (Japanese / English)	*2 Fuji Hokuroku Park Stadium

■ Saturday, April 27th

00:00	KAI start	*2 Fuji Hokuroku Park Stadium
07:30	First runner of the KAI finishes (expected time)	*2 Fuji Hokuroku Park Stadium
09:30	First female runner of the KAI finishes (expected time)	*2 Fuji Hokuroku Park Stadium
10:00-17:00	Mt.FUJI100 EXPO	*2 Fuji Hokuroku Park Stadium
10:45-11:15	mini long 5km awards ceremony	*3 Fuji Hokuroku Park Special stage
13:45-14:15	mini short 3km awards ceremony	*3 Fuji Hokuroku Park Special stage
17:00-18:00	KAI awards ceremony (Japanese / English)	*3 Fuji Hokuroku Park Special stage
18:00-19:00	FUJI awards ceremony (Japanese / English)	*3 Fuji Hokuroku Park Special stage
21:00	FUJI & KAI Final cutoff time	*2 Fuji Hokuroku Park Stadium
21:00	Closing on the press center	*1 Fuji Hokuroku Park Press center

[Location Details]

- *1 Fuji Hokuroku Park Press center :
Gymnasium 1st floor conference room
- *2 Fuji Hokuroku Park Stadium:
FUJISAN NO MEISUI Stadium
- *3 Fuji Hokuroku Park Special stage:
Special stage in FUJISAN NO MEISUI Stadium

MAP of Fuji Hokuroku Park



5000, Kamiyoshida-Tateishi,
Fujiyoshida City, Yamanashi-ken

Live streaming to showcase the progress of top athletes and the appeal of the event to the world

During the Mt. FUJI 100 event period, participants can be searched on "Ouen Navi" to check their passing status and location information, and the "Leaderboard" will be updated with the passing status of the top 100 athletes in each category. IBUKIGPS also provides information on the location of FUJI100mi elite athletes and IBKIGPS holders.

During the event, please check the following sites for information on each athlete's location, ranking, running time, and other status.

Ouen Navi <https://v2.ouenavi.jp/teaser/?eid=00000000338673>

Leaderboard https://leaderboard.runnet.jp/?tri=02524_20240426_01

Available: April 26 (Fri) 0:00 - April 28 (Sun) 23:59

IBUKIGPS* <https://ibuki.run/ev/8963646647679083605/>

*Only for elite athletes in FUJI100mi and athletes with their own IBUKIGPS

Live programs in both Japanese and English will be broadcast from the late evening of Thursday, April 25, just before the start of the FUJI100mi until the late evening of Friday, April 26, when the top athletes finish. The programs will include footage from aid stations and the course, with commentary in both Japanese and English.

Japanese program: Mt. FUJI 100 official YouTube channel

<https://www.youtube.com/@mtfuji100>

English live stream: Gran Canaria World Trail Majors official YouTube channel

<https://www.youtube.com/@WorldTrailMajors>

English live stream: Mountain Outpost Official YouTube Channel

<https://www.youtube.com/@MountainOutpost>

In addition, Mt. FUJI 100's social media will provide updates on the event and information as it happens.

Instagram: <https://www.instagram.com/mt.fuji100/>

Facebook: <https://www.facebook.com/Mt.FUJI100/>

X: <https://twitter.com/MtFUJI100>

Contact information

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Website: <https://mtfuji100.com/en/>

Facebook: <https://www.facebook.com/Mt.FUJI100/>

X: <https://twitter.com/MtFUJI100>

Instagram: <https://www.instagram.com/mt.fuji100/>

YouTube: <https://www.youtube.com/channel/UCYTG7HNLx89OeaOsknc6mTg>

*Back numbers of the past press releases: <https://mtfuji100.com/en/press/>

*If you would like to see official photos of the competition for the press,
please contact the above race headquarters.